

Karakia for MTSCT Programme delivery

Karakia for kai:

E te Atua

Whakapaingia enei kai

He oranga mo matou tinana,

Amine

Whakatauki for field trips:

Whakamana te maunga

Whakamana te wai

He mauri o ngā tangata

Ngā mea katoa he pai

If we look after the water from the mountains

to the sea,

it will look after us.

It is our life force.

End with either *Haumi e Hui e Taiki e !!* (all in agreeance)
or *Amine* (more formal).

